

Assorted Canned & Fresh Fruit available daily

FEBRUARY 2025

Albert Gallatin Middle Schools

Milk Choice May Include: FF Flavored Milk, Skim Milk, and 1% White Milk

Assorted Fresh Veggies available daily						
	Monday	Tuesday	Wednesday	Thursday	Friday	5
3	Chicken Nuggets & W/G Rol Cheeseburger on w/g Bun Steamed Green Beans Diced Peaches Milk Choice	Dutch Waffle & Sausage Patty Cheeseburger on w/g Bun Baked Tater Tots 100% Fruit Juice Milk Choice	Popcorn Chicken Bowl Cheeseburger on w/g Bun Steamed Corn Mashed Potatoes w/ Gravy Side Romaine Salad Apple Slices Milk Choice	Hot Dog on w/g Bun Cheeseburger on w/g Bun Oven Baked Beans Cucumber Wheels Mandarin Oranges Milk Choice	Fish Sandwich on w/g Bun 7 Cheeseburger on w/g Bun Steamed carrots Fresh Broccoli Apple Sauce Cup Milk Choice	ے بُر
-	ACT 80 DAY	Corn Dog Chicken Nuggets w/ w/g Roll	JTM Mac & Cheese 12 Chicken Nuggets w/ w/g Roll	Meatball & Mozzarella on w/g Bung Chicken Nuggets w/ w/g Roll	Big Daddy's Pizza Chicken Nuggets w/ w/g Rol	6
3	NO SCHOOL	Oven Baked Beans Cucumber Wheels Diced Pears Milk Choice	Steamed Green Beans Side Romaine Salad Pineapple Tidbits Milk Choice	Baked Tater Tots Baby Carrots Diced Peaches Milk Choice	Steamed Mixed Veggies Fresh Broccoli Apple Sauce Cup Milk Choice	Ķ
-	Tangerine Chicken Steamed Brown Rice Chicken Nuggets w/ w/g Roll Steamed Oriental Veggies Baby Carrots Diced Peaches Milk Choice	Nachos w/ Seasoned Beef & Cheese Chicken Patty on a w/g Bun Refried Beans Baby Carrots Pineapple Tidbits Milk Choice	Grilled Cheese on Texas Toas Chicken Patty on w/g Bun Tomato Soup Steamed Green Beans Cucumber Wheels Apple Slices Milk Choice	Pasta w/ Meat Sauce W/G Garlic Bread Stick Chicken Patty on w/g Bun Steamed Carrots Side Romaine Salad Diced Pears Milk Choice	Big Daddy's Pizza Chicken Patty on w/g Bun Steamed Broccoli Celery Sticks Apple Sauce Cup Milk Choice	
-	Hot Italian Hoagie Cheeseburger on w/g Bun Baked Spiral Fries Pineapple Tidbits Baby Carrots Milk Choice	BBQ Rib Sandwich on w/g Bu Cheeseburger on w/g Bu Oven Baked Beans Fresh Broccoli Diced Peaches Milk Choice	Ravioli w/ Marinara Sauce W/G Garlic Bread Stick Cheeseburger on w/g Bun Side Romaine Salad Apple Sauce Cup Milk Choice	Soft Beef & Cheese Taco Cheeseburger on w/g Bun Steamed Mixed Veggies Cucumber Wheels Diced Pears Milk Choice	Big Daddy's Pizza Cheeseburger on w/g Bun Steamed Corn Grape Tomatoes Apple Slices Milk Choice	2
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		Other Daily Choi	ces May Include: Smucker's Uncru Fresh Made Salads	ustable and		K.
All students receive a complimentary lunch daily. Choices include: MILK: FF Flavored Milk or 1% White. ASSORTED FRUIT & FRESH VEGGIE: (Take up to 2 fruits & 2 Vegetables) Apple,						

All students receive a complimentary lunch daily. Choices include: <u>MILK:</u> FF Flavored Milk or 1% White. <u>ASSORTED FRUIT & FRESH VEGGIE:</u> (Take up to 2 fruits & 2 Vegetables) Apple, Orange, Banana, Peach, Plum, Grapes, Asst. Canned & Other Fresh Fruit Available, Baby Carrots, Broccoli, Chick Peas, Grape Tomato, Romaine Salad, Cucumber Slices, Celery Sticks, & Asst. Other Vegetables as available. <u>Grains/ Breads</u>: 80% of all grain items are "Whole Grain Rich", per USDA regulations. To qualify as a free lunch, students must take 3,4, or 5 items, (Meat/ Meat Alternate, Grain/ Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect.